

## **SMRI Instructor Race/Trackday**

The Instructor role, in my opinion, is one of the most important roles in the SMRI. Not only do we teach the basic skills needed to enjoy our beloved sport, we are also ambassadors of the club. I believe the way we carry our selves is a direct reflection of the SMRI. Often we are the first point of contact for our customer and no matter how it is perceived, we develop a relationship with every student that comes through the gate.

If you can't tell by now, I take great pride in the rider schools. After my motorcycle/car accident that took the full use of my left arm away, I VOWED to myself to help teach other riders the proper riding skills and get them on a track. Other than the outline duties below, I have few expectations that I like to see.

NEVER EVER leave a slower student behind - keep them in sight. When we have the student follow us, it becomes apparent that some are fast and some are slower. If you have a student that falls way back and cannot catch up to follow you, please slow your group down to the inside of the track, to allow that rider to catch back up.

If the rider cannot see your lines correctly, they cannot learn, becoming frustrated and will lose confidence. This year I am working hard to have a 3:1 student to teacher ratio. After the first couple of session we can adjust groups to the riders speed levels.

Faster groups - Some groups will be faster, Please have your group pass on the outside of the track. Keeping your group tight will make this a quick procedure. Now we will always have at least one rider that is just FAST – The idea behind any riding school is to go at a slower pace that allows students to concentrate on the concepts and apply them without the added input of full speed. Every riding school I have attended, \*Keith Code, Jason Pridmore, and Reg Pridmore \* you go slower to learn. At the end of the day they can apply the skills they have learned and go as fast as they want.

Watch your students – We all have our own riding/learning style, offer advice to help them. Not every rider will ask you if his body position is correct, if their foot position on the pegs is right, or if they are looking far enough through the corners. Our job is to break down the components of track riding and effectively communicate this back to the student. People learn in different ways, some are auditory, some are visual, and some are hands-on. It is our job to teach in all 3 styles. A rule of thumb – Say it, show how you do it, and then have the student do it.

If we all work this way, I know we will give our customer the best learning experience possible. Duties and Responsibilities will be listed on the next page

## Duties and responsibilities

### 1) Race events

- a. Arrive at 7 am to set up your pits.
- b. Be accessible to the students to help them through the Registration and Tech processes.
- c. 7:30 am set up the back side of the track for drills two and three.
  - i. 12 Safety Cones
  - ii. 2 Minute Board
  - iii. Green Flag
  - iv. Water for Students
- d. Walk race course at 8:30 am.
- e. Perform drills according to outline.
- f. Be available to answer student's questions.
- g. 12:00 pm tear down training course on backside of track.
  - i. 12 Safety Cones
  - ii. 2 Minute Board
  - iii. Green Flag
  - iv. Pickup used water bottles

### 2) Trackdays

- a. Arrive at 7:30 am to set up pit.
- b. Perform Street Skills classroom session 30 to 45 minutes only.
- c. Divide up student in smallest group possible
- d. First Drill is line and form 3<sup>rd</sup> gear drill.
- e. Second Drill is no brake 4<sup>th</sup> gear drill.
- f. 3<sup>rd</sup> session if needed, work with groups 4 and 3.
- g. Be available to answer questions.